



Methylsulfonylmethane

- **A dietary supplement available in a 500 mg capsule and a 1000 mg tablet to support proper joint and skin health.***

- **Methylsulfonylmethane** helps support joint comfort and supplies an excellent source of sulfur to help ensure the body's ability to synthesize collagen for connective tissue health, and maintain cell membrane flexibility.*

- **Sulfur levels** can be reduced through normal aging processes and sulfur deficiencies have been associated with psychological and physical stress, fatigue and susceptibility to disease.*

- **Sulfur is:**

- An essential mineral found in the body or in the production of various sulfur containing compounds in the body such as insulin, keratin, collagen, chondroitin sulfate and glutathione (a potent antioxidant).*
- Found in every cell in the body and used as a building block to create new cells in the body.*
- Holds together the protein strands of connective tissue, hair and nails.*

- **MSM supports:**

- Joint comfort*
- Proper connective tissue function, collagen formation, and skin health*
- Circulation, by supporting the integrity of connective tissue structures in blood vessels*
- Gastrointestinal function by supporting the integrity of the digestive tract lining and balancing pH levels*

- The structure and function of many significant compounds including hormones, immunoglobulins, and important sulfur containing amino acids*
- Cell membrane flexibility and permeability, which allows for the exchange of nutrients into and toxins out of the cell*

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving

Methylsulfonylmethane 1,000 mg

Other ingredients: microcrystalline cellulose, stearic acid, croscarmellose sodium, vegetable stearate, silicon dioxide, pharmaceutical glaze.

Warning: If you are pregnant or nursing, consult your health care practitioner before taking these or any nutritional products.

- **Suggested Use:** As a dietary supplement, take 1 tablet, 3 times daily, or as directed by your health care practitioner.

Distributed by

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.