

L-Lysine

- **A vegetarian dietary supplement to support the body's antibody, hormone and enzyme functions.***

- L-Lysine is a basic building block of all protein. It is an essential amino acid in that it is required for human nutrition, but is not produced by the body.

- **Lysine is required for:**

- Growth and bone development in children*
- Assisting calcium absorption*
- Maintaining correct nitrogen balance in the body*
- Maintaining lean body mass*
- Antibody, hormone and enzyme production *
- Collagen formation and tissue repair*

- **L-Lysine supports:**

- Building of muscle protein*
- Recovery from injuries and operations*
- Management of cold sores*

- **L-Lysine deficiency may result in:**

- Enzyme disorders*
- Lack of energy*
- Weight loss*
- Slow growth*
- Poor appetite*
- Poor concentration*

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving

| | |
|----------|--------|
| L-Lysine | 500 mg |
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Other ingredients: stearic acid, vegetable stearate, croscarmellose sodium, silica.

Warning: If pregnant or nursing, consult your health care practitioner before taking this product.

- **Suggested Use:** As a dietary supplement, take 1 tablet, 1 to 3 times daily between meals, or as directed by your health care practitioner.

Distributed by

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.