



# Amino Acids

**Amino Acids is a high quality, amino acid formula to support brain function and muscle metabolism.\***

- **Amino Acids** is a scientifically formulated combination of 21 crystalline, free-form amino acids in the natural L-configuration. It provides all the necessary “building blocks” for the production of body proteins.\*
- Free form amino acids are readily bioavailable and require no digestion by the body, they can be absorbed efficiently into the bloodstream and accompanying tissues where they can be used for cellular regeneration.\*
- **Amino Acids:**
  - Provides amino acids that have a broad application for both mental and physical functions\*
  - Act as building blocks for protein\*
  - Supports hormone, enzyme and antibody formation\*
  - Supports fat mobilization\*
  - Supports healthy nervous system function\*
  - Supports healthy body tissue structure and muscle development\*
  - Benefits elderly, athletes and those with poor wound healing\*
  - Is ideal for those whose dietary intake of protein is below the U.S. RDA (Recommended Daily Allowance)\*
- Protein is one of the most important elements for the maintenance of good health and vitality and is of primary importance in the growth and development of all body tissues including muscles, blood, skin, hair, nails, bone and internal organs. Hormones, enzymes and antibodies are all formed from protein.
- **Amino Acids** is not produced from predigested or hydrolyzed protein. Each crystalline free-form amino acid is formulated separately. Amino acids in protein form require specific enzymes to break them down into individual amino acids. If free form amino acids are not available to make the necessary digestive enzymes, the body is not able to break down protein into the necessary free amino acids. Free form amino acid supplementation such as **Amino Acids** requires no digestion by the body.

**Supplement Facts**  
**Serving Size: 1 Capsule**  
**Amount Per Serving**

Glutamic Acid	225 mg
L-Glutamine	75 mg
L-Taurine	75 mg
L-Aspartic Acid	45 mg
L-Glycine	45 mg
L-Lysine HCl	30 mg
DL-Phenylalanine	30 mg
Tyrosine	30 mg
L-Arginine	22.5 mg
L-Cystine	22.5 mg
L-Leucine	22.5 mg
L-Methionine	22.5 mg
L-Alanine	15 mg
L-Serine	15 mg
L-Threonine	15 mg
L-Citrulline	15 mg
L-Valine	15 mg
L-Histidine HCl	7.5 mg
L-Isoleucine	7.5 mg
L-Ornithine HCl	7.5 mg
L-Proline	7.5 mg

Other ingredients: gelatin.

**Warning:** Individuals with PKU (phenylketonuria) or who are pregnant or nursing should not use this product..

- **Suggested Use:** As a dietary supplement, take 1 capsule between meals 3 times daily, or as directed by your health care practitioner.

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.